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BOOK REVIEW

Most Good, Least Harm: A Simple Principle for a Better World and Meaningful Life

By Dani Dennenberg

If you are reading this newsletter, whether a concerned citizen, a parent, educator, or activist (or if you consider yourself in all of these ways), I can say with certainty that you will appreciate the wisdom and heart of *Most Good, Least Harm: A Simple Principle for a Better World and Meaningful Life* (aka *MOGO*, short for “most good”). *MOGO* is a thoughtful, brave and visionary work of art and author, Zoe Weil is a beacon of light and hope.

Filled with hands-on practical tools including questionnaires, step-by-step action plans, facts and statistics and a plethora of intriguing

personal stories, *MOGO* sets the novice environmental steward on a profound path and the old-timer on an equally thoughtful path.

MOGO is a guiding principle that reflects acting peacefully and living with compassion and respect for everyone—people, animals, and the earth—with the premise that when we make that commitment and live it fully, we will experience greater inner peace.

Weil explores the specifics of what we buy, eat and wear; what we do for work; how we participate in creating positive change; how we take care of ourselves, and yet doesn't dictate an exact formula for

how that will look. She invites us to take on the committed, honest and integrity-filled path to create a compassionate reality for ourselves. The ultimate hope being that our daily choices, acts of citizenship, communities, work, volunteerism and interactions reflect inner and outer peace.

For the sake of the planet, I hope *MOGO* finds its way into your hands and into the hands of those you love. ■

For more information and to order a copy, please visit www.zoeweil.com or www.HumaneEducation.org.